

Speech & Language Milestones Checklist

Ages 1–4 | KTC Speech Therapy

12–18 Months

- Uses 5–10 words
- Follows simple directions like 'come here'
- Points to request and show objects
- Understands basic words like 'no' and 'bye-bye'

18–24 Months

- Vocabulary increases to 50+ words
- Begins combining 2 words (e.g., 'more milk')
- Identifies body parts when named
- Responds to simple questions

2–3 Years

- Uses 2–3 word sentences
- Follows 2-step directions
- Names common objects and people
- Begins to ask questions

3–4 Years

- Speaks in sentences of 4+ words
- Strangers can understand most of what they say
- Tells simple stories
- Understands basic concepts (big/little, in/on)

Red Flags (Any Age)

- Limited eye contact or social engagement
- Does not respond to name
- Frustration when trying to communicate
- Loss of speech or social skills